

# Keeping Students Sober & in Class is Our Priority.

- Rigorous academic curriculum with a combination of online & traditional classes.
- Daily check-in sessions.
- Easy access to recovery supports and on-site clinicians.

# We Offer Students & Worried Families in The Throes of Teenage Substance Use A Viable Option:

- Not returning students to the same environments in which they're most at risk for relapse or might have trouble catching up academically.
- Meeting the individual educational needs of teens recovering from substance use disorder with care, compassion, respect, and rigor.
- Providing a support system for restoring your child's physical, mental, emotional, and academic health in the nation's largest recovery high school.

### Combining Effective Recovery Strategies & Quality Education.

- A rolling admissions policy apply anytime throughout the school year.
- Small class sizes and low student-to-teacher ratios.
- Layers of accountability and communication within the school and across the continuum of care for students and their families.
- Financial aid 44% of our student body receives some form of financial aid.
- Post grad success 94% of Archway graduates attend college after Archway. They attend schools like Baylor, the University of Texas, the University of Houston, and Texas Tech.



#### Is a Sober School Right for You?

If you've found yourself here, you're probably in the middle of one of the most difficult times in your life and wondering if a sober school is even the right decision for you and your family. Making sure that we're a match is crucial to the admissions process at a sober school like Archway Academy.

#### Teen Checklist

## If You're A Teen, Have You Experienced:

- Changes to energy or loss of appetite?
  Falls or injuries while drunk or high?
  Being told you should slow down when using or continuing to use after your friends have stopped?
  Irritability, agitation, mood swings, anxiety, or depression as a result of substances?
  Episodes where you've had difficulty concentrating, memory
- □ Not caring about school or not knowing if you have a future?
- ☐ Physical or verbal fights while using?

lapses, or blackouts?

- ☐ Relationship problems with your parents, siblings, or closest friends?
- Feeling misunderstood by others, isolated, alone, or feeling like nobody understands you?
- ☐ Wanting to forget something in your past?
- Feeling down or worried and needing to change how you feel, no matter what?
- ☐ Managing your stress with drugs/alcohol?
- $\square$  Binging on any single occasion?
- Going over limits on using that you set for myself?
- Dangerous situations or thoughts of suicide because of drugs and alcohol?

### Parent/Guardian Checklist

## If You're A Parent/Guardian, Has Your Teen Experienced:

- ☐ Trouble with the law because of drug and alcohol use?
- A decline in school performance because of drug and alcohol use?
- ☐ Poor job performance or disregard for being on time?
- ☐ Caring less about their hygiene or appearance?
- Dangerous situations or thoughts of suicide because of drugs and alcohol?
- ☐ Falls or injuries without explanation for the injury?
- ☐ New friendships with people you've never met?
- Unexplained signs of irritability, agitation, mood swings, anxiety, or depression?
- ☐ Relationship problems with you, siblings, or close friends?

#### **About Archway Academy**

Archway opened its doors in 2003 to offer students and worried families in the throes of teenage substance use a viable option and support system for restoring their child's physical, mental, emotional, and academic health. We're located in the heart of Houston, Texas, and are focused on meeting the individual educational needs of teens recovering from substance use disorder with care, compassion, respect, and rigor. Instead of returning students to the same environments in which they're most at risk for relapse or might have trouble catching up academically, Archway provides a structured place for teens to continue both their recovery and their education without compromising either.

We offer a continuum of care from probation officers to private counselors, residential treatment clinicians to Alternative Peer Groups. Archway keeps in constant contact with every student's unique personal network — triaging tasks and arming our students (and each other) with shared information to ensure that no important details slip through the cracks; to address behaviors and remove barriers; and to remain consistent and aligned in our approach to getting each student well. Today, we are the largest recovery school in the country, and currently mentoring new recovery schools throughout the nation.

### **Next Steps**

Talk To A Counselor 713.328.0780



